

EMBODIED BLISS

Ananda Eden, Austria, 28-30 JUNE 2024

Rafaëlle will remain open to whatever changes are willing to happen during the retreat, in honor of what is true in the moment.

VOICE HEALING TRANSMISSION

Sound is an extremely powerful tool for healing, for the realignment of the harmonic field that is at the source of your existence. It allows for blockages to be undone, and the circulation of qi to flow freely. Rafaëlle's vibrations come into resonance to the frequency of your soul so that it awakens within you. It will also activate your voice, your ability to sing freely. Even if none of these words resonate with you, your body will know what to do with it. The mind does not intervene at all in a Voice Transmission. Rafaëlle attunes to the aura of the group/the person and channels the melody that comes through her in response to it.

EMBODYING BLISS THROUGH AWARENESS & ALCHEMY

Rafaëlle will speak about her personal journey of remembrance and integration of the invisible laws (Oneness, Mirror effect, etc..) that reign on this universe, into her life. This is about fully embracing the here and now, embracing being human, aligning both the feminine and masculine aspects, and making sacred love with every moment. It is an exploration of the tools Rafaëlle has developed over the past decade in her own life - using subtle alchemy, somatic experiencing, breath, voice, movement, and inner parts awareness - to retune her body to freedom, inner safety, and bliss.

INTUITIVE CHANNELING FROM SOURCE

By connecting to the Akashas, Rafaëlle will transmit the messages that are meant to be shared with the group. You will be able to ask a life question during that transmission.

The Akashas are "the substance of the void", formless yet encoded with waves of memories, of knowledge. This substance lives in between each particle of existence, at the core of our bodies and of everything around us. It is what connects us all in Oneness. All the information of the past, every thought that has ever been thought, every emotion, every sensation that has ever been felt, and all the possibilities of our future thoughts, sensations, actions, live there, within that "void". Connecting to the Akashas is practicing an access to a higher/the highest perspective, the One that sees everything. Universal Love. It is here to illuminate in love what is happening in the now moments of our lives.